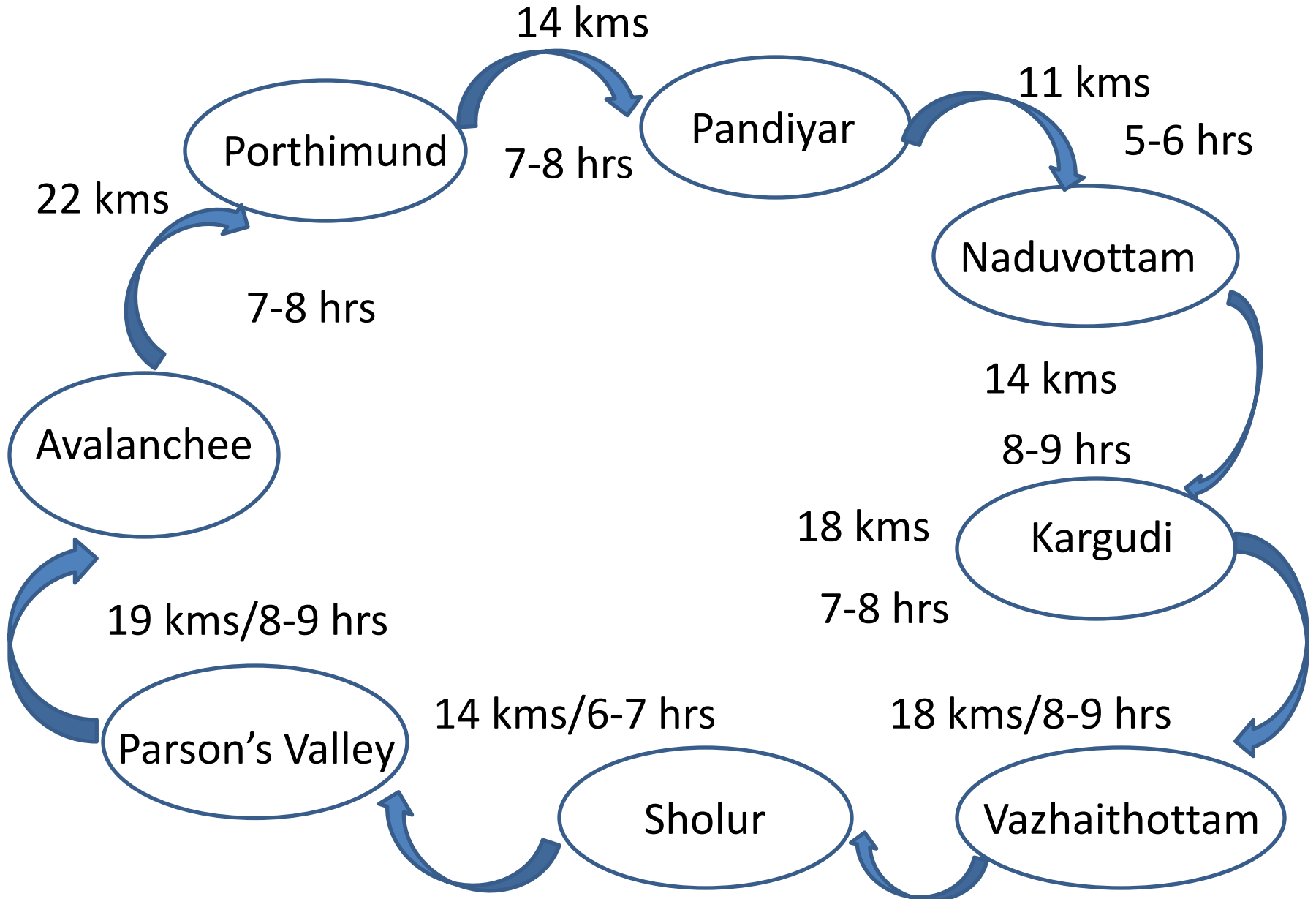


# Special Foundation Course Trek Briefing-“Trek Routes”

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# Trek Routes, Distances & Timings



# 1. Avalanche- Porthumund

- Part-1: Walk through forest along backwaters of Avanche dam- Through habitations
- Part-2: Bridge connecting Emerald and Avalanche backwaters, watershed
- Part-3: Steep climb down through tea gardens to a valley-stream- lunch point
- Part-4: Steep up-hill climb through Wattles-coup route- chance of missing
- Part-5: Metal and tar road- Porthumund dam-village and camp site- PWD quarters



## 2. Porthumund- Pandiyar

- Part-1: Steep climb down from camp- walk through thick pines
- Part-2: Rolling grass lands- valley with 4-side slopes- cross rivulets through wooden bridge
- Part-3; Pine forests- wild life- deers/wild buffaloes
- Part-4: Steep climb up hill, tea gardens and FRH



## 3.Pandiyar- Naduvottam

- Part-1: Shortest trek route
- Part-2: mostly through tea estates and earthen roads
- Might site elephants/ wild nilgai
- Reach Naduvottam school for halt
- Beautiful flat ground ( cricket can be played) in the front on a high elevation with thick forest in the front



## 4.Naduvottam- Kargudi

- Part-1: Walk through private tea estates
- Part-2: mostly leech infested area- hard red soils- very slippery- watershed area
- Part-3: Tea and Coffee plantations side by side- steep climb down- thick forests- mostly muddy road- Might site elephants/ wild nilgai
- Part-4: Lunch at a private house in tea garden
- Part-5: Long walk along the road- mudumalai tiger reserve entry- walk through tiger reserve
- Part-6: FRH at Kargudi-best food and accommodation



## 5.Kargudi- Vazhathottam

- Part-1: Walk through MTR along the road- could catch traffic if late
- Part-2: See junction of roads towards Mysore- Ooty- Kerala at Teppakadu
- Part-3: Walk through mostly private estates of plantations especially banana
- Part-4: Village- school- resorts and NGO work places-
- Part-5: Reach private resort for halt- best accommodation-rest rooms- camp fire- of course elephants may also join



## 6. Vazhaithottam-Sholur



- Part-1: Walk through village- school-church
- Part-2: junction of roads towards Mysore- Ooty- Kerala at Teppakadu
- Part-3: mostly degraded lands-wild fruits of cactus can colour your mouth and tongue- reach estates of famous personalities including a sharp shooter from Hyderabad
- Part-4: Reach a temple- little rest- pray for the climb



## 6. Vazhaithottam-Sholur



- Part-5: Climb starts- Initially gradual and then only steep-steep and steep- beautiful sites- down the mountains see the private estates of famous people
- Part-6: reach an old bridge connecting two mountains- lunch break- lot of monkeys will vie for your lunch
- Part-7: Best trek part starts- steep & only steep climb- elephants may want to meet you
- Part-8: Come out of forest- enter tea gardens- agriculture crops- villages ( not very clean) and reach Sholur- very good president- good hospitality

# 7. Sholur- Parson's Valley



- Part-1: Walk along tea gardens- lot of green houses- tea factories- possible to make a visit
- Part-2: Enter thick shola forest- pine plantations- open grass lands
- Lot of pastures- live stock- can play cricket-
- Enter the forest area- tar road
- Walk for a while to reach FRH
- Parson's Valley dam worth seeing
- Lunch and halt

## 8.Parson's Valley- Avalanche



- Part-1: Walk through wild life area- rolling ground- water bodies- rhododendrons, lot of leaf litter
- Part-2: Mostly rolling ground with Shola and Wattles
- Part-3: Reach local stream at Katikuppa- may meet friends from other groups
- Part-4: Climb up through tea gardens- sky blue water bodies and walk along
- Part-5: Meet at the bridge connecting backwaters of Emerald Dam and Avalanche dam
- Part-6: Walk along- enter village- visit tea leaf collection center- walk along thick shola forest along Avalanche dam backwaters to Avalanche
- Part-7: Reach the most picturesque FRH at Avalanche- eat hot pakodi and rest- listen to the roaring of water fall- nilgiri thar national park looming in the background

**THANKS  
FOR YOUR ATTENTION**





# Further Briefing on Trek

Most important items-

## 1. Warm clothing (Bulchand, Abids)

- Woolen jacket inside and rain-proof outside or
- Woolen full sleeved sweater
- Monkey cap/scarf
- Woolen socks
- Thermals

## 2. Rain protecting items (Begum bazar, MD Khan abids)

- Rain coat- light weight with hood

## 3. Sun protecting items

- Sun Hat (Abids)
- Sun glasses
- Sun screen lotion



# Further Briefing on Trek

- One liter water bottle in addition to half liter one
- Institute track suit and T-shirt
- 2-3 pairs of cloths ( maximum)
- **Toiletries**
  - Brush/tongue cleaner, shaving kit, comb, oil
  - Soap
  - Moisturizing lotion
  - Talcum powder
  - Cotton towels
  - Toilet tissue roll



# Further Briefing on Trek

## Medical items

- Personal medicines
- Mosquito repellent
- Band-aid strips
- Glucose/Electrol sachets

## Miscellaneous

- Small note book
- Pen
- Camera
- Scissors
- Plastic rope for drying things (10 m long)

# Further Briefing on Trek



- How many are availing holidays till 12<sup>th</sup>?
- Please hand over tickets given



# Further Briefing on Trek



- Role of group leader ( along with AGL & Treasurer)
  - Take tickets
  - Petty Advance
  - List of group members
  - Inform group members to be ready
  - Throughout the journey ensure that everyone in the group is present and is OK
- Food during travel- Rs.300/OT would be given to Treasurer
- Haversack/Rucksac
- Weighing machine

# Further Briefing on Trek



- The flight of Geese

# Important contacts

S.No.	NAME	Mobile No.
1	K.Nageswar Rao –overall coordination	8790900606
2	K.Anil Kumar- All logistics	92480 05303
3	K.Rama Gopal- Travel	92480 32082
4	Ramesh- Assistant Logistics	95051 10192
5	Srikanth- Assistant Travel	98493 44441

\* Contact numbers of district coordinators/group coordinators will be given at Ooty